

Physical Activity Task Force
Community Engagement Work Group
Friday, October 19, 2018
Meeting Minutes

In attendance: Heather Myers (Summit Health), Noel Purdy (Healthy Franklin County), Christina Methner (Keystone Health), Barb Houpt (EXIT Realty)

Get Fit Franklin County Booklet Updates and Community-Wide Physical Activity Campaign: Heather reviewed efforts for distributing the Get Fit Franklin County booklets- over 3,000 booklets have been distributed throughout the County. The libraries have been a helpful outlet to get the booklets out throughout the County. Now that over half of the booklets have gotten out, the workgroup feels comfortable about more passively approaching distribution efforts. Heather brought up the need to start thinking about physical activity month and leveraging our “Get Fit Franklin County” theme for that month in May 2019. Heather will start researching strategies for physical activity month and the group will discuss further at the December meeting. Noel checked in with the County and we will be able to use the remaining grant money, approximately \$1,000, for promotional efforts of the Get Fit Franklin County campaign/booklet.

Recreational Assets Map-Image Collection- Image collection is wrapping up on the recreational assets map. Heather has been updating a google doc to update who is able to collect images for various locations. Heather will send images to Kara by the end of November. This recreational asset map can align with physical activity month. This tool will be uploaded on the Healthy Franklin County Get Fit Franklin County web page.

Review new program year physical activity taskforce plan- The group reviewed the taskforce plan for the next program year. Heather will be talking with the Towers regarding a walking program and provide updates at the next workgroup meeting. Barb suggested that she knows a contact at Menno Haven-this could be a group to target for an older adult walking group. Noel suggested that we can talk to the Housing Authority as well for a walking group. Heather will research Docs in the Park further to understand what the program is about and see if it should be implemented during physical activity month.

The next community engagement meeting is on Friday, December 21, 1 PM at the Summit Health Center, building 2, 2nd floor conference room.