

Physical Activity Task Force Meeting
Tuesday, September 18, 2018
3:30—4:30 p.m.
Summit Health Building

Members Present: Sarah Hamel, Nickie Fickel, Christina Methner, Heather Myers, Noel Purdy, Ann Spottswood, Sam Thrush

Topic	Discussion	Action
Welcome	Heather Myers called the meeting to order and welcomed the members.	
Minutes	The minutes from the July 2018 meeting were approved.	Minutes approved
Work Group Updates	<p>The workgroups reported updates since the last meeting:</p> <p>Community Engagement: Heather provided updated for the community engagement workgroup, who have transitioned to a bi-monthly meeting schedule (alternating with months the physical activity taskforce meets). Members have been working on disseminating the Get Fit Franklin County booklets; Heather has been keeping an excel spreadsheet to track the number of booklets disseminated, including locations. Over 2,000 booklets have been placed throughout the community at various locations including; libraries, employers, Summit Health and Keystone practices, YMCAs, Housing Authorities, and SCAAP, among others. Heather mentioned if anyone is connected to target population groups, to contact her for additional booklets. Additionally, the workgroup is collecting images of the recreational assets list that the County compiled for an interactive Shortlist map that will be housed on the HFC website. The map will highlight the recreational assets around Franklin County with information about them along with the collected images. Nickie Fickel mentioned that the nutrition taskforce is working on a similar project to highlight farmer’s markets, food stands, etc. In the future, it could be interesting to include all the information on one map. Heather mentioned that the goal is to capture all images by the end of October so that they can be sent over to the County’s GIS Coordinator; giving her time to complete the map by the end of 2018.</p> <p>Built Environment: Noel and Sam provided updates for the built environment workgroup. Summit Health is not interested in taking on liability insurance for the bike share/library project. The Borough of Chambersburg will be another option to explore. Sam, who is the Chair of the Borough’s Pike and Pedestrian Advisory Committee, will add the project to the agenda for their September 26 meeting. The Franklin County Cyclists Club would be interested in providing free helmets for this kind of program. Sam also reported that he created a memo for the for the Borough of Chambersburg to evaluate the feasibility and consider the installation of proposed wayfinding signage, signage and bike racks</p>	

Physical Activity Task Force Meeting
Tuesday, September 18, 2018
3:30—4:30 p.m.
Summit Health Building

	<p>in the downtown district, including the rail trail. The group also discussed the Bike Rodeo that the Franklin County Cyclists Club tried to do in July which had no attendees. The group suggested the possibility of aligning a future Bike Rodeo in a community area (housing authority, Network Ministries, etc.) to provide the opportunity for target populations.</p>	
Action Plan	<p>The group reviewed activities outlined in the action plan for the upcoming program year (<i>see attached planning document</i>). Ann mentioned that we want to continue to focus on engaging target populations, including youth and adults who are not already physically active.</p>	
Future meeting:	<p>The next Physical Activity Taskforce meeting is the same day as the South Mountain Partnership Trails Workshop: Building Strong Community Connections on Tuesday, November 20, at Shippensburg University. Taskforce members are encouraged to attend this event in lieu of the taskforce meeting. Registration may be found online: http://southmountainpartnership.org/event/bike-and-pedestrian-workshop-building-trail-connections-together</p> <p>Community Engagement Workgroup- Friday, October 19, Summit Health Center Building 2, 2nd floor conference room, 1 PM</p> <p>Built Environment Workgroup- Tuesday, October 9, Franklin County Annex, 10 AM</p>	