

Physical Activity Task Force Meeting

Tuesday, April 18, 2017 • 3:00—4:30 p.m.

Chambersburg Recreation Center, Room B1

Members Present: Nickie Fickel, Jamie Goetz, Hugh Graham, Elizabeth Grant, Barb Houpt, Shannon Lee, Claudia Peet, Ann Spottswood, Sam Thrush

Topic	Discussion	Action
Welcome	Shannon Lee called the meeting to order, welcomed the committee, and thanked the members for attending.	
Minutes	Shannon asked for approval of the March 21, 2017 minutes. Barb Houpt motioned for approval, seconded by Nickie Fickel. All were in agreement.	
Work Group Updates	<p>The workgroups reported updates since the last meeting:</p> <p>Community Engagement: Shannon reported for the Community Engagement workgroup. She reported that the workgroup has redefined their focus slightly and changed some goals. They continue to work on the walking route booklet and are in the process of selecting routes for the book. The Spring Community Walking Series has started and is in its third week. They hope to expand the walking series to Waynesboro. The committee is also discussing creating a prescription pad for doctors to hand out to patients that would contain information on the recommended amounts of activity. Sam Thrush reported that there will be a National Bike Month celebration in Franklin County and that County Commissioners will sign a proclamation for National Bike Month on May 4. A “Bike With a Cop” ride is planned for May 20 in conjunction with the Franklin County Cyclists and the Boys & Girls Club. Sam also reported that work continues on the Chambersburg Bicycle Pedestrian Plan. The goal is to adopt the plan by July of this year. Sam will be visiting Lancaster on May 21 to see an Open Streets event being held there. Shannon is going to consult with workgroup members regarding the date and time of the next meeting.</p> <p>Employer: Jamie Goetz reported for the Employer workgroup. Jamie reported that the outline for the ToolKit has been created, as well as a draft trifold. The workgroup has discussed showing the “Fed Up” video at the Capitol Theater, and is also discussing a collaboration with local employers to create a Sportsfest. Jamie discussed combining the Employer workgroup with the Community Engagement workgroup, and the committee agreed that this was the best course of action. Employer workgroup members will be informed of upcoming Community Engagement meetings.</p> <p>Built Environment: Elizabeth Grant and Sam Thrush reported for the Built Environment workgroup. Elizabeth asked the committee to complete a Transportation Survey to provide feedback to the state regarding increasing physical activity opportunities in Franklin County. Sam reported that Franklin County is working with Shippensburg University to obtain an intern to help with Health Community Design and finish reviewing land use policies. The workgroup anticipates having a draft Google Map of trail mapping by May. The workgroup is also looking at models for healthy community policies. Sam reported that Franklin County will be starting the process of updating the long-range transportation plan. A committee will be formed to support the effort under the direction of a consultant. The next Built Environment meeting is scheduled for May 10 at 10:00 a.m. at the Planning Office.</p>	

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Review of First Year Action Plan	Ann Spottswood reviewed the established Year One Action Plan with the committee and discussed planning for Years Two and Three. Ann asked the workgroups to review their objectives and to send updates on the current Action Plan to Shannon and Cheryl before the May 16 meeting.	Workgroups to send updates to Shannon and Cheryl
Future Events	Shannon announced that Jason Stains will be joining the meeting on May 16 to discuss borough plans in Waynesboro.	
Future Meetings	The next meeting is scheduled for May 16, 2017 at the Rec Center from 3:00-4:30 p.m.	