

Healthy Franklin County  
Physical Activity Task Force  
Community Engagement Work Group  
Monday, November 13, 2017

Meeting Minutes

In attendance: Barb Houpt (Chambersburg YMCA), Jon Raber (SCCAP), Heather Myers (Summit Health), Noel Purdy (Healthy Franklin County), Jim Boyer (Appalachian Running Company), Sarah Hamel (Franklin County Government)

Absent: Christy Unger, Shannon Lee, Samantha Stratton, Cherry Arvin

Transition: Shannon Lee can no longer co-facilitate if we keep the meetings on Mondays. Sarah Hamel may be interested in co-facilitating; she would prefer that the meetings not be on Mondays. Cherry Arvin suggested (via email) that we combine the Community Walking Parties and Community Engagement Committee to leverage our collective resources. Noel and Heather will work on sending out a doodle for a new meeting date/time.

Heather reported that she emailed with the Frederick County Parks and Recreation Director regarding their [Docs in the Park program](#). They shared challenges with their program such as a lack of physician engagement and performance measures. Heather will continue to research evidence-informed and evidenced based programs. The group also discussed ways to collect data with a localized, scalable pilot project. This needs to be explored more.

Noel reported that the HFC leadership advisory committee recently adopted policy and procedures manual, a new organization chart and appointed a governance committee. The new policy and procedures will be fully implemented by July 1. The Governance committee will start meeting in January. We are starting to discuss the CHNA process as well. An ad hoc committee was also appointed to discuss and make recommendations regarding diversity, inclusion and discrimination.

The group reviewed the Physical Activity work plan for 2017-2018.

Follow Up Tasks:

- Sarah is going to share 5-2-1-0 and CATCH program information with the group
- In an effort to support Go-Girls-Go and other running programs, the group suggested creating a Go-Girls-Go alumni program with surrounding running groups that would offer a no entry fee or discounted rate to encourage Go-Girls-Go to keep running; obtaining a comprehensive list of area races from Timber Hill was suggested as a starting point to assess the feasibility of this. Noel will reach out to Jim to help with this.
- It was suggested to reach out to Shippensburg University for mentors for Go-Girls Go—we should check with Christy on this to see if it's been done.
- A future project could be to expand the Go-Girls-Go model for Boys
- Sarah will connect us with [Commuter Services PA](#)
- Noel/Heather to send a doodle for a new meeting date

Noel said we will hear about the Country grant by the end of the year.

Next meeting: Stay tuned for new meeting date.